

Secretary: Mrs. H. Hockenhull
Asst. Sec: Mr. A. Hockenhull

Treasurer: Mrs. P. Needham

GOOD PRACTICE COURSES

Health and Safety Executive - First Aid Course

Accidents can happen anywhere, anytime – a First Aid course will enable you to deal with situations, minor or serious, that could arise both within the Club or outside sport-time. It will give you the ability to help a casualty or to preserve life and limit the effects of the accident whilst waiting for professional help to arrive. The cost of the course includes a reference book and a certificate.

This one day course is a First Aid management course which complies with the health and safety regulations act 1981.

This course is aimed specifically at Sports personnel, its purpose is to learn how to:

1. Preserve life
2. Limit the effects of the condition
3. Promote recovery
4. Take action at an emergency by
 - a) Assessing the situation
 - b) Making the area safe
 - c) Assessing all casualties
 - d) Give emergency aid
 - e) Send for help

Course Date: Saturday 24th April
Venue: George Carnall Leisure Centre, Kingsway Park, Off Lostock Road, Davyhulme, Manchester
Time: 9am – 4pm
Fee: £35 for Trafford Personnel £40 for non-Trafford Personnel

Drinks on arrival, mid morning and mid afternoon and a full buffet lunch is provided with this course. Please indicate on the booking form if you prefer vegetarian or have any allergies.

Please return your completed booking form by 6th April with your cheque made payable to *Trafford Sports Council*, and send to : Mrs. P. Needham, Treasurer TSpC, Flat 16, The Gables, William Close, Urmston, Manchester M41 9SJ.

Health and Safety First Aid course - Saturday 24th April

NAME _____

ADDRESS _____

TEL. NO _____

EMAIL _____

SPORT _____

CLUB _____

Vegetarian lunch option _____

Food allergies (ie. Nuts, Dairy etc) _____

For more than one booking please attach names and addresses to this form and enclose a cheque or cheques for £35/40 per person