

Good Practice Courses

One of the objectives of the Trafford Sports Council is to assist the Coaches in Trafford to up-grade their skills as a coach . By up-dating or adding to their coaching skills the Coach benefits not only themselves as a coach but their club as well. Administrators, assistants and helpers can also add to their skills by taking these courses. Many of the courses are necessary for the Club to obtain either their NGB Kyte mark or the Trafford Club Mark.

In order to achieve this objective a series of TSpC subsidised courses are run every year. Courses run from 6.30pm to 9.30pm at the George Carnall Leisure Centre, Kingsway Park, Off Lostock Road, Davyhulme . Information on these courses is circulated to clubs on the TSpC mailing list and on their website www.traffordsportscouncil.org it is also circulated by Sport Trafford to all Clubs via the web site, E.mail and mail shot. All the courses are subsidised by Trafford Sports Council, so for anyone applying from outside Trafford a further charge of £10 per person per course is charged.

Good Practice Courses for 2011

Date	Course	Time	Venue	Cost
Thursday 17.2.11	Safeguarding and Protecting Children	6.30pm – 9.30pm	George Carnall Leisure Centre	£20 Trafford Personnel £30 non- Trafford
Saturday 9.4.11	One-day First Aid Course	9 am – 4pm	George Carnall Leisure Centre	£35 Trafford Personnel £45 non- Trafford
Monday 9.5.11	Safeguarding and Protecting Children	6.30pm – 9.30pm	George Carnall Leisure Centre	£20 Trafford Personnel £30 non-Trafford
Tuesday 10.5.11	Reflecting on Practice (Safeguarding Children stage 2)	6.30pm – 9.30pm	George Carnall Leisure Centre	£20 Trafford Personnel £30 non-Trafford
Tuesday 17 ⁵ .11	Equity in your Coaching	6.30pm – 9.30pm	George Carnall Leisure Centre	£20 Trafford Personnel £30 non-Trafford
Tuesday 24.5.11	How to Coach Disabled People in Sport	6.30pm – 8.30pm	George Carnall Leisure Centre	£20 Trafford Personnel £30 non-Trafford
Wednesday 22.6.11	Sport Trafford Funding Workshop Contact for booking form jenny.burton@traffordleisure.co.uk	6.30pm- 8.30pm	Crossford Bridge Pavilion Danefield Road Sale M33 7WR	£10 Trafford personnel £15 non- Trafford
Tuesday 16.8.11	Coaching the Whole Child	6.30pm – 9.30pm	George Carnall Leisure Centre	£20 Trafford Personnel £30 non- Trafford
No date arranged	Safeguarding and Protecting Children 16 – 18 year olds		To be arranged if sufficient interest is shown	£20 Trafford Personnel £30 Non-Trafford
No date arranged	Positive Behaviour Management in sport		To be arranged if sufficient interest if shown	£20 Trafford Personnel £30 Non-Trafford

All Trafford Personnel (people who live or who's Sports Club is in the Trafford area) can access the courses at the lower price.

If you are interested in the Safeguarding course for 16 – 18 year olds or the Positive Management course please complete and return the booking form at the end of this email as soon as possible so that a course date can be arranged.

George Carnall Leisure Centre, Kingsway Park, off Lostock Road, Davyhulme Manchester m41 7FJ

Booking forms can be obtained from the Bookings Secretary; Kate Prideaux e.mail : bookings@traffordsportscouncil.org.uk
Telephone for further information Mrs. Gill Prideaux 0161 718 1849

Safeguarding and Protecting Children

This course is designed for everyone who works with children. Through sport children can develop confidence and self-esteem as well as proficiency in their chosen activity. Both Coaches and helpers have a responsibility to see to it that these children are able to enjoy and progress within a safe environment where they feel secure and able to make informed choices in order to reach their full potential.

This course will introduce the concept of *Good Coaching Practice*. Enabling Coaches and helpers to identify aspects of good practice that they already adopt in their work and introduce other issues which have not occurred to them before, issues which may need to be addressed when coaching children in the future.

The course is run in a relaxed atmosphere by a fully qualified and experienced member of Sports coach UK .

First Aid

Accidents can happen anywhere, anytime – a First Aid course will enable you to deal with situations, minor or serious, that could arise both within the Club or outside sport-time. It will give you the ability to help a casualty or to preserve life and limit the effects of the accident whilst waiting for professional help to arrive. The cost of the course includes a reference book and a certificate.

This one day course is a First Aid management course which complies with the health and safety regulations act 1981.

This course is aimed specifically at Sports personnel, its purpose is to learn how to:

1. Preserve life
2. Limit the effects of the condition
3. Promote recovery
4. Take action at an emergency by
 - a) Assessing the situation
 - b) Making the area safe
 - c) Assessing all casualties
 - d) Give emergency aid
 - e) Send for help

Reflecting on Practice

This workshop is a follow-up to Safeguarding and Protecting Children. Qualified coaches, helpers and organisers should attend a Safeguarding training every 3 years. Instead of refreshing by attending the same workshop again; attendees can consolidate their learning from the first workshop and get up to date. This workshop has been developed in response to an identified need for a greater understanding in the Safeguarding sector.

Sport Trafford Funding Workshop

In response to a clear demand from Sports Club, Sport Trafford have developed a Funding Workshop suitable for anyone seeking to gain funds to support the work of their sports club or personnel

The Sport Trafford Funding Workshop is designed to;

- Provide clubs and individuals with the latest information on current funding streams
- Provide easy to use take home reference material
- Offer advice on applying for funding
- Offer a follow up support drop in session for assistance with funding applications

Coaching the Whole Child

This workshop is designed to help coaches understand how their coaching fits into a much wider agenda than just sport. It will give them new tools to incorporate positive youth development into their sessions as a specific coaching outcome and not just as a consequence. The workshop will also give coaches the opportunity to share their own good practice with others and pick up new ideas for their own coaching practice.

Safeguarding and Protecting Children (16 – 18)

Designed specifically for 16 – 18 year olds this new course has been developed to provide an age-appropriate safeguarding workshop for young Coaches, Assistants and helpers. Attending this course young People will receive a more appropriate training experience tailored to the needs of their age group and potential additional vulnerability as legal minors themselves. The core of the course is taken from the original “Safeguarding and Protecting Children” workshop but the activities have been adapted and developed for the 16 to 18 year old age group.

Positive Behaviour Management in Sport

Every group develops different dynamics and every participant is a unique individual making managing behaviour a challenging hands-on part of a coach’s job. This workshop equips anyone who deals with young people in a sporting environment with the knowledge needed to understand why unwanted behaviour occurs and the strategies needed to deal with it when it does occur.

Course bookings for Clubs

The Trafford Sports Council can arrange for courses to be held for Sports Clubs at either their premises or premises organised by Trafford Sports Council.

Club attendances need to be at least 20 to make the course financially viable as these courses are expensive.

If you are interested in any of the above courses please complete the following form and return to Kate Prideaux, 23 Norfolk Gardens, Flixton M41 8RF or email bookings@traffordsportcouncil.org.uk



Trafford Sports Council Courses 2011

I am interested in the following course(s). Please send me a booking form

Name _____

Club _____

Email _____

Address _____

1. Safeguarding and Protecting Children
2. First Aid – Health and Safety in the Workplace
3. Reflecting on Practice
4. Sport England Small Grants Programme
5. Coaching the Whole Child
6. Safeguarding and Protecting Children for 16 – 18 year olds
7. Positive Behaviour Management in Sport
8. Equity in Your Coaching
9. How to Coach disabled People in Sport

Tick or delete

Send to Kate Prideaux, 23 Norfolk Gardens, Flixton M41 8RF or email bookings@traffordsportcouncil.org.uk